**EVERYDAY HOME SCIENCE Grade Four**

**Home Science Schemes Of Work**

**Term three Year School**

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| **Wk** | **Lsn** | **Strand/Theme** | **Sub strand** | **Specific learning outcomes** | **Key inquiry Questions** | **Learning experiences** | **Learning Resources** | **Assessment methods** | **Refl** |
| **1** | **1** |  | **Using a needle and a thimble in needlework** | By the end of the lesson the learner should be able to   1. Use a needle and a thimble in basic needlework 2. Practise safety while using a needle and a thimble | How do you use a needle and a thimmble in needlework?  What safety measures do you observe when using a needle and a thimble? | • Learner identifies various tools used in needlework from pictures, charts, realia, video clips (needles, scissors, tape measure, ruler, pins, thimble, threads)  • Learners will watch a demonstration on use of basic needlework tools • In pairs, learners’ practice using basic needlework tools | Needle, Scissors, Tape measure, ruler, pins, thimble  Everyday Home science Grd. 4 learners Bk 101-103 | Oral observation  QA  Written exercise |  |
|  | **2** |  | **Using a pair of scissors and pins in needlework** | By the end of the lesson the learner should be able to   1. Use a pair of scissors and pins in basic needlework 2. Practise safety while using a pair of scissors and pins in needlework | How do you use a pair of scissors and pins in needlework?  What safety measures do you observe when using a pair of scissors and pins in needlework? | • Learner identifies various tools used in needlework from pictures, charts, realia, video clips (needles, scissors, tape measure, ruler, pins, thimble, threads)  • Learners will watch a demonstration on use of basic needlework tools • In pairs, learners practice using basic needlework tools | Needle, scissors, Tape measure, ruler, pins, thimble  Everyday Home science Grd. 4 learners Bk 103-105 | Oral observation  QA  Written exercise |  |
|  | **3** |  | **How we should store needlework tools** | By the end of the lesson the learner should be able to store needlework tolls appropriately for safety | How should we store needlework tool? | • Learners practice safety while using the needlework tools • Learner store needlework tools appropriately | Needle, scissors, Tape measure, ruler, pins, thimble  Everyday Home science Grd. 4 learners Bk 106-107 | Oral observation  QA  Written exercise |  |
| **2** | **1** |  | **Stitches:**  Identifying stitches on clothes and household article | By the end of the lesson the learner should be able to identify stitches used on clothes and household articles | What are stitches? | • Learner identifies stitches on clothes (tacking and sewing stitches) | Resource person, needle, piece of cloth, ruler, sewing thread.  Everyday Home science Grd. 4 learners Bk 108 | Oral observation  QA  Written exercise |  |
|  | **2** | **CLOTHING** | **Uses of stitches on clothes** | By the end of the lesson the learner should be able to state the uses of stitches in clothes | What are the uses of stitches in clothes and household articles? | • Learner identifies stitches on clothes (tacking and sewing stitches)  • Learner states the uses of stitches on clothes | Resource person, needle, piece of cloth, ruler, sewing thread.  Everyday Home science Grd. 4 learners Bk 109-110 | Oral observation  QA  Written exercise |  |
|  | **3** |  | **Stitches used on clothes and household articles** | By the end of the lesson the learner should be able to identify tacking stitches on clothes and household articles | What are tacking stitches? | • Learner identifies stitches on clothes (tacking and sewing stitches)  • Learner states the uses of stitches on clothes | Resource person, needle, piece of cloth, ruler, sewing thread  Everyday Home science Grd. 4 learners Bk 110-112. | Oral observation  QA  Written exercise |  |
| **3** | **1** |  | **How to thread a needle** | By the end of the lesson the learner should be able to   1. Thread a needle during sewing 2. Observe safety when threading a needle | How do we thread a needle? | • In pairs, learners practice threading a needle before sewing • Learner practices threading a needle before sewing | Resource person, needle, piece of cloth, ruler, sewing thread  Everyday Home science Grd. 4 learners Bk 112-113 | Oral observation  QA  Written exercise |  |
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|  | **2** |  | **Making tacking stitches** | By the end of the lesson the learner should be able to   1. Make tacking stitches 2. Observe safety precautions during needlework | How do we make tacking stitches?  Which safety precautions do we observe during needlework? | • Learner practices using a needle during sewing • Learner make a handkerchief using tacking stitches • Learner observes safety during sewing | Resource person, needle, piece of cloth, ruler, sewing thread.  Everyday Home science Grd. 4 learners Bk 113-115 | Oral observation  QA  Written exercise |  |
|  | **2** |  | **How to make a handkerchief** | By the end of the lesson the learner should be able to   1. Make a handkerchief using tacking stitches 2. Observe safety during needlework | How do we make a handkerchief? | • Learner practices using a needle during sewing • Learner make a handkerchief using tacking stitches • Learner observes safety during sewing | Resource person, needle, piece of cloth, ruler, sewing thread.  Everyday Home science Grd. 4 learners Bk 116-118 | Oral observation  QA  Written exercise |  |
|  | **3** |  | **How to make a handkerchief** | By the end of the lesson the learner should be able to   1. Make a handkerchief using tacking stitches 2. Observe safety during needlework | How do we make a handkerchief? | • Learner practices using a needle during sewing • Learner make a handkerchief using tacking stitches • Learner observes safety during sewing | Resource person, needle, piece of cloth, ruler, sewing thread.  Everyday Home science Grd. 4 learners Bk 116-118 | Oral observation  QA  Written exercise |  |
| **4** | **1** |  | **How to make a handkerchief** | By the end of the lesson the learner should be able to   1. Make a handkerchief using tacking stitches 2. Observe safety during needlework | How do we make a handkerchief? | • Learner practices using a needle during sewing • Learner make a handkerchief using tacking stitches • Learner observes safety during sewing | Resource person, needle, piece of cloth, ruler, sewing thread.  Everyday Home science Grd. 4 learners Bk 116-118 | Oral observation  QA  Written exercise |  |
|  | **2** |  | **How to make a handkerchief** | By the end of the lesson the learner should be able to   1. Make a handkerchief using tacking stitches 2. Observe safety during needlework | How do we make a handkerchief? | • Learner practices using a needle during sewing • Learner make a handkerchief using tacking stitches • Learner observes safety during sewing | Resource person, needle, piece of cloth, ruler, sewing thread.  Everyday Home science Grd. 4 learners Bk 116-118 | Oral observation  QA  Written exercise |  |
|  | **3** |  | **Uses of buttons in clothes and household articles** | By the end of the lesson the learner should be able to identify the uses of buttons in clothes and household articles | What are the uses of buttons on clothes and household articles? | • Observe different clothes  and household articles with button and discuss their use. • In groups, learners brainstorm on the factors to consider when choosing a button to fix on a garment  • Learner uses pictures, realia and charts to choose the right button to fix on a garment • Learner observes demonstration on fixing a button on a garment • Learner fixes the button on a garment • Learner practices safety while fixing a button on a garment | Sewing tools and materials, pictures, realia, charts.  Everyday Home science Grd. 4 learners Bk 119-120 | Oral observation  QA  Written exercise |  |
| **5** | **1** |  | **What to consider when choosing a button** | By the end of the lesson the learner should be able to state factors to consider when choosing a button | What do you look for when choosing a button? | • Observe different clothes  and household articles with button and discuss their use. • In groups, learners brainstorm on the factors to consider when choosing a button to fix on a garment  • Learner uses pictures, realia and charts to choose the right button to fix on a garment • Learner observes demonstration on fixing a button on a garment • Learner fixes the button on a garment • Learner practices safety while fixing a button on a garment | Sewing tools and materials, pictures, realia, charts.  Everyday Home science Grd. 4 learners Bk 121-122 | Oral observation  QA  Written exercise |  |
|  | **2** |  | **How to fix a button on a garment** | By the end of the lesson the learner should be able to fix a button on a garment | How do we fix a button on a garment? | • Observe different clothes  and household articles with button and discuss their use. • In groups, learners brainstorm on the factors to consider when choosing a button to fix on a garment  • Learner uses pictures, realia and charts to choose the right button to fix on a garment • Learner observes demonstration on fixing a button on a garment • Learner fixes the button on a garment • Learner practices safety while fixing a button on a garment | Sewing tools and materials, pictures, realia, charts.  Everyday Home science Grd. 4 learners Bk 122-124 | Oral observation  QA  Written exercise |  |
|  | **3** |  | **Importance of Laundry work** | By the end of the lesson the learner should be able to   1. state reasons for laundry work in caring for clothes and household articles | Why is laundry work important? | • In groups, learners discuss reasons why  laundrywork is important in care of clothes and household articles • Learners brainstorm on the resources required for carrying out laundrywork | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwear  Everyday Home science Grd. 4 learners Bk 125-126 | Oral observation  QA  Written exercise |  |
| **6** | **1** |  | **What is used to carry our laundry work** | By the end of the lesson the learner should be able to   1. identify the resources required for carrying out laundry work | What resources do we need to carry out laundry work? | • Learners watch a video or a demonstration of steps on laundering different personal items (mending, sorting, soaking, washing, rinsing, drying, ironing, airing, storage) • In pairs, learners discuss steps followed when laundering different personal items | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwear  Everyday Home science Grd. 4 learners Bk 127 | Oral observation  QA  Written exercise |  |
|  | **2** |  | **Steps in laundry work:** Mending, sorting and soaking clothes | By the end of the lesson the learner should be able   1. describe the processes of mending, sorting and soaking clothes in laundry work | Why do we mend, sort and soak clothes? | • Learners watch a video or a demonstration on safety when laundering personal  items • Learners demonstrate responsibility in caring for and storing cleaning equipment and materials • Learners appreciate laundering of personal clothing items | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwear  Everyday Home science Grd. 4 learners Bk 128-129 | Oral observation  QA  Written exercise |  |
|  | **3** |  | **Steps in laundry work:** Washing, rinsing and drying clothes | By the end of the lesson the learner should be able to   1. describe the processes of washing, rinsing and drying clothes in laundry work | Why do we wash, rinse and dry clothes? | • Learners watch a video or a demonstration on safety when laundering personal  items • Learners demonstrate responsibility in caring for and storing cleaning equipment and materials • Learners appreciate laundering of personal clothing items | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwear  Everyday Home science Grd. 4 learners Bk 129-130 | Oral observation  QA  Written exercise |  |
| **7** | **1** |  | **Steps in laundry work:** Ironing, airing and storage | By the end of the lesson the learner should be able to   1. describe the processes of ironing, airing and storing clothes in laundry work | Why do we iron, air and store clothes? | • Learners watch a video or a demonstration on safety when laundering personal  items • Learners demonstrate responsibility in caring for and storing cleaning equipment and materials • Learners appreciate laundering of personal clothing items | Resource persons, laundry work resources, handkerchief (white and colored), socks,  stockings, innerwear  Everyday Home science Grd. 4 learners Bk 130-131 | Oral observation  QA  Written exercise |  |
|  | **2** |  | **Laundering personal items** | By the end of the lesson the learner should be able to   1. tell the safety measures to observe while laundering personal items | How can we observe safety while laundering personal items? | • Learners watch a video or a demonstration on safety when laundering personal  items • Learners demonstrate responsibility in caring for and storing cleaning equipment and materials • Learners appreciate laundering of personal clothing items | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwear  Everyday Home science Grd. 4 learners Bk 131-132 | Oral observation  QA  Written exercise |  |
|  | **3** |  | **How to launder a white handkerchief** | By the end of the lesson the learner should be able to   1. Launder a white handkerchief 2. Observe safety when laundering a handkerchief | How do we launder a white handkerchief? | • Learners watch a video or a demonstration on laundering different personal items (handkerchief – white and coloured, socks, stockings, inner wear) NB: teacher to bring anew inner wear fordemonstration | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwear  Everyday Home science Grd. 4 learners Bk 132-133 | Oral observation  QA  Written exercise |  |
| **8** | **1** |  | **How to launder a coloured handkerchief** | By the end of the lesson the learner should be able to   1. Launder a coloured handkerchief 2. Observe safety when laundering a handkerchief | How do we launder a coloured handkerchief? | • Learners watch a video or a demonstration on laundering different personal items (handkerchief – white and coloured, socks, stockings, inner wear) NB: teacher to bring anew inner wear fordemonstration | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwear  Everyday Home science Grd. 4 learners Bk 133-134 | Oral observation  QA  Written exercise |  |
|  | **2** |  | **How to launder a pair of socks** | By the end of the lesson the learner should be able to   1. Launder a pair of socks 2. Observe safety when laundering a pair of socks | How do we launder a pair of socks? | • Learners practice laundering of different personal clothing items (handkerchief – white and coloured, socks, stockings, inner wear). | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwear  Everyday Home science Grd. 4 learners Bk 134-135 | Oral observation  QA  Written exercise |  |
|  | **3** |  | **How to launder a pair of stockings** | By the end of the lesson the learner should be able to   1. Launder a pair of stockings 2. Observe safety when laundering a pair of stockings | How do we launder a pair of stocking? | • Learners practice laundering of different personal clothing items (handkerchief – white and coloured, socks, stockings, inner wear). | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwear  Everyday Home science Grd. 4 learners Bk 136-137 | Oral observation  QA  Written exercise |  |
| **9** | **1** |  | **How to launder inner wear** | By the end of the lesson the learner should be able to   1. Launder inner wear 2. Observe safety when laundering inner wear | How do we launder inner wear? | • Learners practice laundering of different personal clothing items (handkerchief – white and coloured, socks, stockings, inner wear). | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwear  Everyday Home science Grd. 4 learners Bk 136-138 | Oral observation  QA  Written exercise |  |
|  | **2** |  | **How to care for and store materials we use in laundry work** | By the end of the lesson the learner should be able to care for, and store laundry equipment and materials for safety and durability | How do we take care of the resources we use in laundry work? | • Learners practice laundering of different personal clothing items (handkerchief – white and coloured, socks, stockings, inner wear). | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwear  Everyday Home science Grd. 4 learners Bk 138-139 | Oral observation  QA  Written exercise |  |
|  | **3** | **REVISION** | | | | | | | |
|  | **END TERM ASSESMENT** | | | | | | | | |