**EVERYDAY HOME SCIENCE Grade Four**

**Home Science Schemes Of Work**

**Term three Year School**

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| **Wk** | **Lsn** | **Strand/Theme** | **Sub strand** | **Specific learning outcomes** | **Key inquiry Questions** | **Learning experiences** | **Learning Resources** | **Assessment methods** | **Refl** |
| **1** | **1** |  | **Using a needle and a thimble in needlework** | By the end of the lesson the learner should be able to1. Use a needle and a thimble in basic needlework
2. Practise safety while using a needle and a thimble
 | How do you use a needle and a thimmble in needlework?What safety measures do you observe when using a needle and a thimble? | • Learner identifies various tools used in needlework from pictures, charts, realia, video clips (needles, scissors, tape measure, ruler, pins, thimble, threads)• Learners will watch ademonstration on use ofbasic needlework tools• In pairs, learners’ practiceusing basic needleworktools | Needle, Scissors, Tape measure, ruler, pins, thimbleEveryday Home science Grd. 4 learners Bk 101-103 | Oral observationQAWritten exercise |  |
|  | **2** |  | **Using a pair of scissors and pins in needlework** | By the end of the lesson the learner should be able to1. Use a pair of scissors and pins in basic needlework
2. Practise safety while using a pair of scissors and pins in needlework
 | How do you use a pair of scissors and pins in needlework?What safety measures do you observe when using a pair of scissors and pins in needlework? | • Learner identifies various tools used in needlework from pictures, charts, realia, video clips (needles, scissors, tape measure, ruler, pins, thimble, threads)• Learners will watch ademonstration on use ofbasic needlework tools• In pairs, learners practiceusing basic needleworktools | Needle, scissors, Tape measure, ruler, pins, thimbleEveryday Home science Grd. 4 learners Bk 103-105 | Oral observationQAWritten exercise |  |
|  | **3** |  | **How we should store needlework tools** | By the end of the lesson the learner should be able to store needlework tolls appropriately for safety | How should we store needlework tool? | • Learners practice safety while using the needlework tools• Learner store needlework tools appropriately | Needle, scissors, Tape measure, ruler, pins, thimbleEveryday Home science Grd. 4 learners Bk 106-107 | Oral observationQAWritten exercise |  |
| **2** | **1** |  | **Stitches:**Identifying stitches on clothes and household article | By the end of the lesson the learner should be able to identify stitches used on clothes and household articles | What are stitches? | • Learner identifies stitches on clothes (tacking andsewing stitches) | Resource person, needle, piece of cloth, ruler, sewing thread.Everyday Home science Grd. 4 learners Bk 108 | Oral observationQAWritten exercise |  |
|  | **2** | **CLOTHING** | **Uses of stitches on clothes** | By the end of the lesson the learner should be able to state the uses of stitches in clothes | What are the uses of stitches in clothes and household articles? | • Learner identifies stitcheson clothes (tacking andsewing stitches)• Learner states the uses ofstitches on clothes | Resource person, needle, piece of cloth, ruler, sewing thread.Everyday Home science Grd. 4 learners Bk 109-110 | Oral observationQAWritten exercise |  |
|  | **3** |  | **Stitches used on clothes and household articles** | By the end of the lesson the learner should be able to identify tacking stitches on clothes and household articles | What are tacking stitches? | • Learner identifies stitcheson clothes (tacking andsewing stitches)• Learner states the uses ofstitches on clothes | Resource person, needle, piece of cloth, ruler, sewing threadEveryday Home science Grd. 4 learners Bk 110-112. | Oral observationQAWritten exercise |  |
| **3** | **1** |  | **How to thread a needle** | By the end of the lesson the learner should be able to1. Thread a needle during sewing
2. Observe safety when threading a needle
 | How do we thread a needle? | • In pairs, learners practicethreading a needle beforesewing• Learner practicesthreading a needle beforesewing | Resource person, needle, piece of cloth, ruler, sewing threadEveryday Home science Grd. 4 learners Bk 112-113 | Oral observationQAWritten exercise |  |
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|  | **2** |  | **Making tacking stitches** | By the end of the lesson the learner should be able to1. Make tacking stitches
2. Observe safety precautions during needlework
 | How do we make tacking stitches?Which safety precautions do we observe during needlework? | • Learner practices using aneedle during sewing• Learner make ahandkerchief usingtacking stitches• Learner observes safetyduring sewing | Resource person, needle, piece of cloth, ruler, sewing thread.Everyday Home science Grd. 4 learners Bk 113-115 | Oral observationQAWritten exercise |  |
|  | **2** |  | **How to make a handkerchief** | By the end of the lesson the learner should be able to1. Make a handkerchief using tacking stitches
2. Observe safety during needlework
 | How do we make a handkerchief? | • Learner practices using aneedle during sewing• Learner make ahandkerchief usingtacking stitches• Learner observes safetyduring sewing | Resource person, needle, piece of cloth, ruler, sewing thread.Everyday Home science Grd. 4 learners Bk 116-118 | Oral observationQAWritten exercise |  |
|  | **3** |  | **How to make a handkerchief** | By the end of the lesson the learner should be able to1. Make a handkerchief using tacking stitches
2. Observe safety during needlework
 | How do we make a handkerchief? | • Learner practices using aneedle during sewing• Learner make ahandkerchief usingtacking stitches• Learner observes safetyduring sewing | Resource person, needle, piece of cloth, ruler, sewing thread.Everyday Home science Grd. 4 learners Bk 116-118 | Oral observationQAWritten exercise |  |
| **4** | **1** |  | **How to make a handkerchief** | By the end of the lesson the learner should be able to1. Make a handkerchief using tacking stitches
2. Observe safety during needlework
 | How do we make a handkerchief? | • Learner practices using aneedle during sewing• Learner make ahandkerchief usingtacking stitches• Learner observes safetyduring sewing | Resource person, needle, piece of cloth, ruler, sewing thread.Everyday Home science Grd. 4 learners Bk 116-118 | Oral observationQAWritten exercise |  |
|  | **2** |  | **How to make a handkerchief** | By the end of the lesson the learner should be able to1. Make a handkerchief using tacking stitches
2. Observe safety during needlework
 | How do we make a handkerchief? | • Learner practices using aneedle during sewing• Learner make ahandkerchief usingtacking stitches• Learner observes safetyduring sewing | Resource person, needle, piece of cloth, ruler, sewing thread.Everyday Home science Grd. 4 learners Bk 116-118 | Oral observationQAWritten exercise |  |
|  | **3** |  | **Uses of buttons in clothes and household articles** | By the end of the lesson the learner should be able to identify the uses of buttons in clothes and household articles | What are the uses of buttons on clothes and household articles? | • Observe different clothes and household articleswith button and discusstheir use.• In groups, learnersbrainstorm on the factorsto consider whenchoosing a button to fixon a garment• Learner uses pictures,realia and charts tochoose the right button tofix on a garment• Learner observesdemonstration on fixing abutton on a garment• Learner fixes the buttonon a garment• Learner practices safetywhile fixing a button on agarment | Sewing tools and materials, pictures, realia, charts.Everyday Home science Grd. 4 learners Bk 119-120 | Oral observationQAWritten exercise |  |
| **5** | **1** |  | **What to consider when choosing a button** | By the end of the lesson the learner should be able to state factors to consider when choosing a button | What do you look for when choosing a button? | • Observe different clothes and household articleswith button and discusstheir use.• In groups, learnersbrainstorm on the factorsto consider whenchoosing a button to fixon a garment• Learner uses pictures,realia and charts tochoose the right button tofix on a garment• Learner observesdemonstration on fixing abutton on a garment• Learner fixes the buttonon a garment• Learner practices safetywhile fixing a button on agarment | Sewing tools and materials, pictures, realia, charts.Everyday Home science Grd. 4 learners Bk 121-122 | Oral observationQAWritten exercise |  |
|  | **2** |  | **How to fix a button on a garment** | By the end of the lesson the learner should be able to fix a button on a garment | How do we fix a button on a garment? | • Observe different clothes and household articleswith button and discusstheir use.• In groups, learnersbrainstorm on the factorsto consider whenchoosing a button to fixon a garment• Learner uses pictures,realia and charts tochoose the right button tofix on a garment• Learner observesdemonstration on fixing abutton on a garment• Learner fixes the buttonon a garment• Learner practices safetywhile fixing a button on agarment | Sewing tools and materials, pictures, realia, charts.Everyday Home science Grd. 4 learners Bk 122-124 | Oral observationQAWritten exercise |  |
|  | **3** |  | **Importance of Laundry work** | By the end of the lesson the learner should be able to 1. state reasons for laundry work in caring for clothes and household articles
 | Why is laundry work important? | • In groups, learnersdiscuss reasons why laundrywork is importantin care of clothes andhousehold articles• Learners brainstorm onthe resources required forcarrying out laundrywork | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwearEveryday Home science Grd. 4 learners Bk 125-126 | Oral observationQAWritten exercise |  |
| **6** | **1** |  | **What is used to carry our laundry work** | By the end of the lesson the learner should be able to 1. identify the resources required for carrying out laundry work
 | What resources do we need to carry out laundry work? | • Learners watch a video ora demonstration of stepson laundering differentpersonal items (mending,sorting, soaking,washing, rinsing, drying,ironing, airing, storage)• In pairs, learners discusssteps followed whenlaundering differentpersonal items | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwearEveryday Home science Grd. 4 learners Bk 127 | Oral observationQAWritten exercise |  |
|  | **2** |  | **Steps in laundry work:** Mending, sorting and soaking clothes | By the end of the lesson the learner should be able 1. describe the processes of mending, sorting and soaking clothes in laundry work
 | Why do we mend, sort and soak clothes? | • Learners watch a video ora demonstration on safetywhen laundering personalitems• Learners demonstrateresponsibility in caringfor and storing cleaningequipment and materials• Learners appreciatelaundering of personalclothing items | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwearEveryday Home science Grd. 4 learners Bk 128-129 | Oral observationQAWritten exercise |  |
|  | **3** |  | **Steps in laundry work:** Washing, rinsing and drying clothes | By the end of the lesson the learner should be able to1. describe the processes of washing, rinsing and drying clothes in laundry work
 | Why do we wash, rinse and dry clothes? | • Learners watch a video ora demonstration on safetywhen laundering personalitems• Learners demonstrateresponsibility in caringfor and storing cleaningequipment and materials• Learners appreciatelaundering of personalclothing items | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwearEveryday Home science Grd. 4 learners Bk 129-130 | Oral observationQAWritten exercise |  |
| **7** | **1** |  | **Steps in laundry work:** Ironing, airing and storage | By the end of the lesson the learner should be able to 1. describe the processes of ironing, airing and storing clothes in laundry work
 | Why do we iron, air and store clothes? | • Learners watch a video ora demonstration on safetywhen laundering personalitems• Learners demonstrateresponsibility in caringfor and storing cleaningequipment and materials• Learners appreciatelaundering of personalclothing items | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwearEveryday Home science Grd. 4 learners Bk 130-131 | Oral observationQAWritten exercise |  |
|  | **2** |  | **Laundering personal items** | By the end of the lesson the learner should be able to 1. tell the safety measures to observe while laundering personal items
 | How can we observe safety while laundering personal items? | • Learners watch a video ora demonstration on safetywhen laundering personalitems• Learners demonstrateresponsibility in caringfor and storing cleaningequipment and materials• Learners appreciatelaundering of personalclothing items | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwearEveryday Home science Grd. 4 learners Bk 131-132 | Oral observationQAWritten exercise |  |
|  | **3** |  | **How to launder a white handkerchief** | By the end of the lesson the learner should be able to1. Launder a white handkerchief
2. Observe safety when laundering a handkerchief
 | How do we launder a white handkerchief? | • Learners watch a video ora demonstration onlaundering differentpersonal items(handkerchief – whiteand coloured, socks,stockings, inner wear)NB: teacher to bring anew inner wear fordemonstration | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwearEveryday Home science Grd. 4 learners Bk 132-133 | Oral observationQAWritten exercise |  |
| **8** | **1** |  | **How to launder a coloured handkerchief** | By the end of the lesson the learner should be able to1. Launder a coloured handkerchief
2. Observe safety when laundering a handkerchief
 | How do we launder a coloured handkerchief? | • Learners watch a video ora demonstration onlaundering differentpersonal items(handkerchief – whiteand coloured, socks,stockings, inner wear)NB: teacher to bring anew inner wear fordemonstration | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwearEveryday Home science Grd. 4 learners Bk 133-134 | Oral observationQAWritten exercise |  |
|  | **2** |  | **How to launder a pair of socks** | By the end of the lesson the learner should be able to1. Launder a pair of socks
2. Observe safety when laundering a pair of socks
 | How do we launder a pair of socks? | • Learners practicelaundering of differentpersonal clothing items(handkerchief – whiteand coloured, socks,stockings, inner wear). | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwearEveryday Home science Grd. 4 learners Bk 134-135 | Oral observationQAWritten exercise |  |
|  | **3** |  | **How to launder a pair of stockings** | By the end of the lesson the learner should be able to1. Launder a pair of stockings
2. Observe safety when laundering a pair of stockings
 | How do we launder a pair of stocking? | • Learners practicelaundering of differentpersonal clothing items(handkerchief – whiteand coloured, socks,stockings, inner wear). | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwearEveryday Home science Grd. 4 learners Bk 136-137 | Oral observationQAWritten exercise |  |
| **9** | **1** |  | **How to launder inner wear** | By the end of the lesson the learner should be able to1. Launder inner wear
2. Observe safety when laundering inner wear
 | How do we launder inner wear? | • Learners practicelaundering of differentpersonal clothing items(handkerchief – whiteand coloured, socks,stockings, inner wear). | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwearEveryday Home science Grd. 4 learners Bk 136-138 | Oral observationQAWritten exercise |  |
|  | **2** |  | **How to care for and store materials we use in laundry work** | By the end of the lesson the learner should be able to care for, and store laundry equipment and materials for safety and durability | How do we take care of the resources we use in laundry work? | • Learners practicelaundering of differentpersonal clothing items(handkerchief – whiteand coloured, socks,stockings, inner wear). | Resource persons, laundry work resources, handkerchief (white and colored), socks, stockings, innerwearEveryday Home science Grd. 4 learners Bk 138-139 | Oral observationQAWritten exercise |  |
|  | **3** | **REVISION** |
|  | **END TERM ASSESMENT** |